

Progeria

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Case Report

Abstract

A 21 year-old male patient with progeria, an early age, affected by this disease & develop many of the problems usually in life, such as atherosclerosis , baldness, cardiovascular disease, loss of subcutaneous fat, joint stiffness. In this case we stressed the mucocutaneous manifestations in the form of acropachy, osteoporosis, and hyperphosphatemia.

M J B

Introduction

Progeria affects approximately one out of every eight million children, with only a few hundred cases seen worldwide. Signs usually first develop between the age of 6 and 12 months, though the disease occasionally does not develop until 2 years of age or later.[1] Nearly 97% of all children with the disease are Caucasian, and slightly more males than females develop the disease. Children with progeria appear perfectly healthy at birth. Typically, the first signs of the disease appear between 6 and 12 months when the child fails to gain weight and his/her skin starts to become thick and inelastic, particularly on the arms, legs, and hips. Scalp hair and eyelashes are then progressively lost, usually progressing to complete baldness. At about the same time, much of the body's fat is lost. As a

result of this loss of hair and subcutaneous fat, many of the body's veins become prominent, particularly those on the scalp. Children with progeria usually will also not grow to a full height, will develop thin limbs with prominent joints, and will have a small jaw (micrognathia). As the disease progresses, individuals with progeria develop widespread thickening and loss of elasticity of the artery walls, severe joint stiffness similar to that of arthritis, and frequent hip dislocations. A few children have been reported who have muscle weakness as well, and the disease is related to a form of muscular dystrophy. However, most children do not have muscle problems. Children with progeria have normal intellectual capabilities and can learn just as well as (if not better than) other children of their same age and also demonstrate the same range of emotions and

feelings as other children. They do often remain very reserved in the presence of strangers, however, because they are aware very early on in life that they appear very different than their peers.[2] Progeria is caused by a change in the lamin A (LMNA) gene. This mutation causes the gene to make an abnormal form of the lamin A protein. This abnormal protein seems to destabilize the membrane surrounding the nucleus of cells.[3,4] It is thought that this loss of stability contributes to many of the symptoms of the disease. There seem to be several other genes that contribute to the symptoms of the disease, but these have not yet been identified. It is unclear at this point how exactly the changes in the lamin A lead to the typical disease symptoms. This change is not believed to be passed down from parent to child and is thought to occur at random. Nothing is known to cause the change in the gene, nor is anything known to prevent it. The present case demonstrate that progeria might be associated with different mucocutaneous manifestations [5].

Case Report

We presents Ammar Majid, a 21 year-old male patient , who lives in Babylon , Haswa District , and his mother describes symptoms of growth retardation , skin changes , hair changes early graying and alopecia . These manifestation started early during his childhood period . There is consanguinity between the patient's mother & father also one of the patient's sister has similar illness and one male brother died few months following birth . Symptoms and signs become more evident within 2 yr and include : Growth failure

- Craniofacial abnormalities
- eg, craniofacial disproportion micrognathia ,beaked nose

- Physical changes of aging eg, wrinkled skin, balding
(evident in the present pictures)

We admit the patient to hospital due acute pulmonary infection in Jan 2009 , which is controlled after a course of antibiotic and after 5 months he develops generalised mucocutaneous bullous eruption which shows partial response to oral prednisolone 2mg per Kg and his sister also has vitiligo . The patient has normal IQ and he is in the secondary school and he has normal blood picture and the only abnormal biochemical abnormalities is mild hyperlipidemia Serum cholestrol of 5.8 mmol/L and Serum Triglyceride of 260mg\dl .CXR normal apart from signs of increased bronchial markings , ECG shows non specific T wave changes . The patient is maintained on Aspirin 100mg per day , Simvastatine 20mg daily and prednisolone 10mg per day .

Discussion

Mucocutaneous manifestations are common mode of presentation in Progeria , which is an extremely rare genetic disease that results in rapid aging, beginning early in childhood [9] .The main cutaneous manifestation described in our patient is Pemphigus and this indicates that these patients might be susceptible to certain autoimmune disorders due to a genetically induced immunological defects . In a study[5] done by Dr. Maria Eriksson's research team at the Karolinska Institutet in Sweden created a mouse model of Progeria with abnormalities of the skin and teeth. The mice are genetically engineered so that the Progeria mutation can be shut off at any time. Once disease was apparent, the gene for Progeria was turned off. After 13 weeks the skin was almost indistinguishable from normal skin. This study shows that in these

tissues the expression of the Progeria mutation does not cause irreversible damage and that the reversal of disease is possible, which gives promise for treatment for Progeria. Another studies show that Progeria is reversible in the cardiovascular system and the skin of mouse models. The experiments were significant in not treating the mice until they expressed Progeria symptoms, whereas most previous studies began treatment before Progeria was apparent. Production of progerin (the damaging protein made from the Progeria gene) was inhibited either by treatment with a farnesyl transferase inhibitor (FTI) or by turning off the gene. In both cases the mice reverted to normal or almost normal conditions.[6,7,8] These observations provide encouraging evidence for the current clinical trial of FTIs for Progeria. Progerin is the abnormal protein causing Progeria. In recent years, several research groups have found that normal cells also produce progerin, but much less than the cells of a child with Progeria .A genetic test(Lamin A mutation) was recently developed that can test for and diagnosis progeria. Prior to the development of this test, the disease was diagnosed based solely on the physical symptoms& signs. With the genetic test, children can be diagnosed at a much earlier age than they were before the test was available, allowing an earlier start to treatment . Also during differential diagnosis we should

exclude segmental progerias (eg, acrogeria, metageria) and other causes of growth failure. Premature aging is a feature of other rare progeroid syndromes, including :

Werner's syndrome (premature aging after puberty with hair thinning and development of conditions of old age [eg, cataracts, diabetes, osteoporosis, atherosclerosis])

and Rothmund-Thomson syndrome (premature aging with increased susceptibility to cancer). Both are caused by gene mutations leading to defective RecQ DNA helicases, which normally repair DNA. Cockayne's syndrome is an autosomal recessive disease caused by mutation in the 8ERCC gene which is important in DNA repair ,Clinical features include severe growth failure, cachectic appearance, retinopathy, hypertension, renal failure, skin photosensitivity, and intellectual disability. Neonatal progeroid (Wiedemann-Rautenstrauch) syndrome:is a recessively inherited syndrome of aging causing death by 2 yr [3] .Other syndromes (eg, Down, Ehlers-Danlos) occasionally have progeroid features.[10,11,12]

From the above data we conclude that our patient is a real case of Progeria ,which is a very rare genetic disorder , and we hope that future studies will reverse the genetic defect in this disorder.



**The patient Ammar Majid 21years old with evident
craniofacial features**



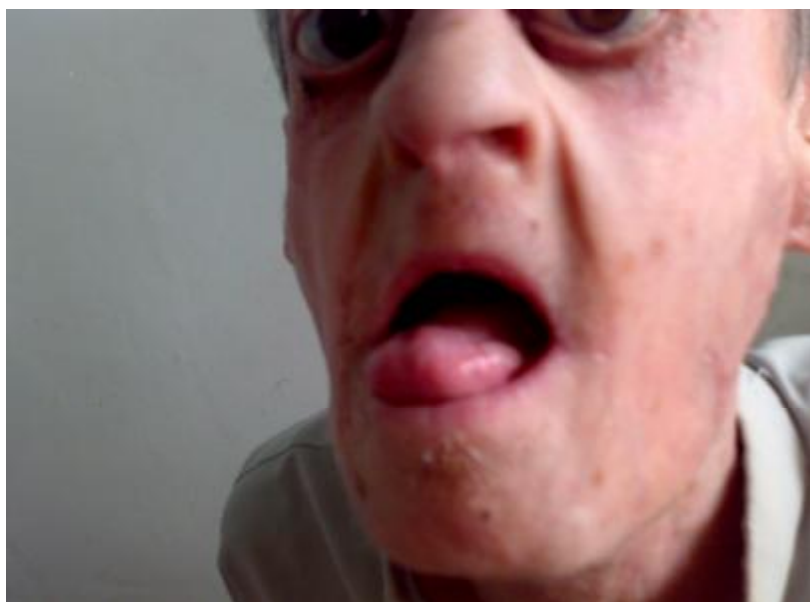


We report a sever skin manifestations in the form of diffuse bullous eruption which respond to good dose of steroid



Evident Skin Changes









Ammar's Sister with the same illness her age is 14 yrs





Skin before development of Pemphigus

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